

**HOW I SENSE  
MY**

\_\_\_\_\_

*My* \_\_\_\_\_ *is*

*Like/as the color(s)*

\_\_\_\_\_  
\_\_\_\_\_

*It sounds (like/as)*

\_\_\_\_\_  
\_\_\_\_\_

*It looks (like/as)*

\_\_\_\_\_  
\_\_\_\_\_

*It smells (like/as)*

\_\_\_\_\_  
\_\_\_\_\_

*It tastes (like/as)*

\_\_\_\_\_  
\_\_\_\_\_

*It feels [tactile]  
(like/as)*

\_\_\_\_\_  
\_\_\_\_\_

*My* \_\_\_\_\_

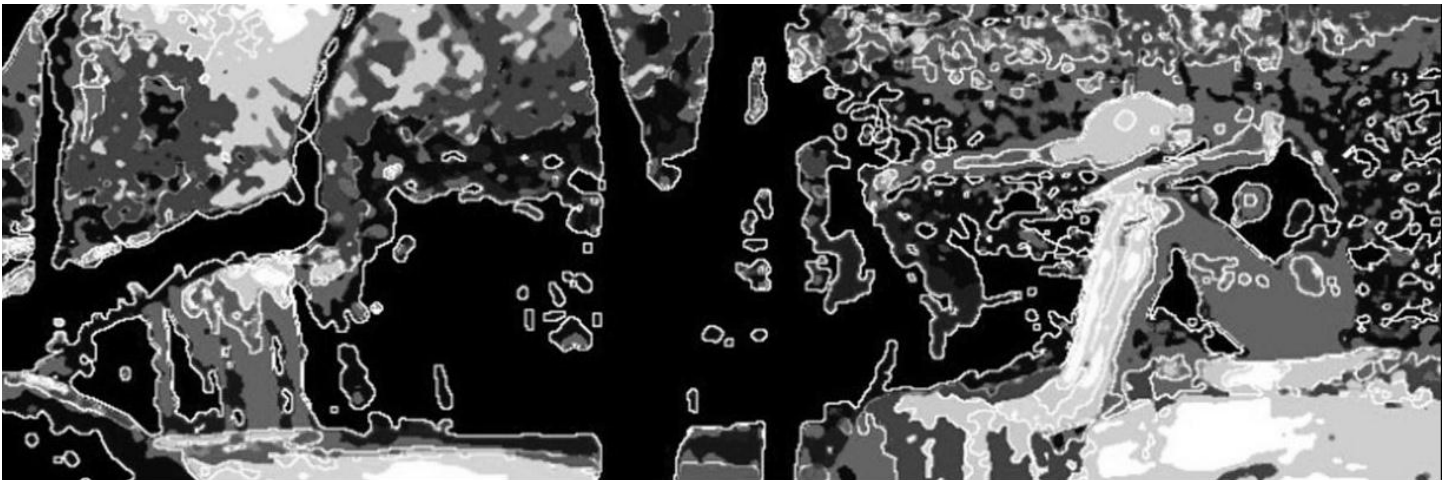
*Is  
[motion/kinesthetic  
sense] (like/as)*

\_\_\_\_\_  
\_\_\_\_\_

## A SIMILE POEM OF SELF

- ❖ Arrange the metaphors and similes in the order you want them to appear in the poem. The outline won't read like poetry yet, because the metaphors and similes are just separate ideas and not linked together cohesively. Focus on the images and not on specific words or rhymes. Play around with what you have until you are happy with it.
- ❖ Edit your metaphors and similes to create cohesive, poetic lines. This may involve adding words or removing them to create fluency. For example, a few simple edits can make two separate ideas flow together.
- ❖ Play with what you have. Have fun with the words and moment. Once you are satisfied with it, give it a title, write it out, and share it with your class mates. A Zen saying is, "First thought, best thought."

### An Example



#### ***Rahme*** by Armida

My *Rahme* is my *Rahme*,  
Bluish-purple of an autumn dusk,  
Roaring like a waterfall  
Into red wine refracted by light.  
Spices caressing the gentle breeze  
Sweetened nectar pinched with salt,  
Covered by multi-layered silk blankets  
Emitting waves of heat,  
Penetrating the psyche and refreshing it.

Aramaic term *Rahme* describes compassion (to suffer with another).